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## KEY=A - PATIENCE BENTON

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### **A Watermelon, a Fish and a Bible A heartwarming tale of love amid war**

*Hachette UK A moving novel of love and war by the author of The Beekeeper of Aleppo It is July 1974 and on a bright, sunny morning, the Turkish army has invaded the town of Kyrenia in Cyprus. For many people, this means an end to life as they know it. But for some, it is a chance to begin living again. Everyone has always talked about Koki. They never believed she was her father's daughter and her mother died too soon to quiet their wagging tongues. And when she became pregnant and there was no sign of a husband, her fate was sealed. So she lives outside the town and hides from her neighbours' eyes. But, held captive with the very women who have made her life so lonely, Koki is finally able to tell them the truth. To talk of the Turkish shoe-maker who came to the town and took her heart away with him when he left. And how she has longed for him all these years. Meanwhile, Adem Berker finds himself back in Kyrenia, his former home, now as a member of the invading force. Here he left everything he ever wanted and, by cover of darkness, risking his life, he is searching every house, every cafe, every old pathway, for just a glimpse of the only woman he has ever loved. For readers of The Island, The Book Thief and The Kite Runner.*

**Cooking with the Bible Biblical Food, Feasts, and Lore** Greenwood Publishing Group A biblically themed cookbook contains eighteen meals found in the scriptures, along with other recipes to make complete menus.

**Songbirds A Novel** Ballantine Books "From the prize-winning author of The Beekeeper of Aleppo, a stunning novel about the disappearance of a Sri Lankan nanny and how the most vulnerable people find their voices. "It began with a crunch of leaves and earth. So early, so cold, the branches shone with ice. I'd returned to collect the songbirds. They are worth more than their weight in gold." Yiannis is a poacher, trapping the tiny protected songbirds that stop in Cyprus as

they migrate each year from Africa to Europe and selling them on the black market. He dreams of finding a new way of life, and of marrying Nisha, who works on the island as a nanny and maid--having left her native Sri Lanka to try to earn enough to support her daughter, left behind and raised by relatives. But Nisha has vanished; one evening, she steps out on a mysterious errand and doesn't return. The police write off her disappearance as just another runaway domestic worker, so her employer, Petra, undertakes the investigation. Petra's unravelling of Nisha's last days in Cyprus lead her to Nisha's friends--other maids in the neighborhood--and to the darker side of a migrant's life, where impossible choices leave them vulnerable, captive, and worse. Based on the real-life disappearance of domestic workers in Cyprus, Christy Lefteri has crafted a poignant, deeply empathetic narrative of the human stories behind the headlines. With infinite tenderness and skill, *Songbirds* offers a triumphant story of the fight for truth and justice, and of women reclaiming their lost voices"--

**The Beekeeper of Aleppo** **The Sunday Times Bestseller and Richard & Judy Book Club Pick** *Bonnier Zaffre Ltd. A RICHARD & JUDY BOOK CLUB CHOICE 2020 A BBC RADIO 2 BOOK CLUB CHOICE 2019 WINNER OF THE ASPEN WORDS LITERARY PRIZE THE READING AGENCY'S PICK FOR NATIONAL READING GROUP DAY OVER A MILLION COPIES SOLD WORLDWIDE* 'This is a novel of international significance. Courageous, provocative, haunting, it will open our eyes' Heather Morris, author of *The Tattooist of Auschwitz* In the midst of war, he found love In the midst of darkness, he found courage In the midst of tragedy, he found hope What will you find from his story? Nuri is a beekeeper; his wife, Afra, an artist. They live a simple life, rich in family and friends, in the beautiful Syrian city of Aleppo - until the unthinkable happens. When all they care for is destroyed by war, they are forced to escape. As Nuri and Afra travel through a broken world, they must confront not only the pain of their own unspeakable loss, but dangers that would overwhelm the bravest of souls. Above all - and perhaps this is the hardest thing they face - they must journey to find each other again. Moving, powerful, compassionate and beautifully written, *The Beekeeper of Aleppo* is a testament to the triumph of the human spirit. Told with deceptive simplicity, it is the kind of book that reminds us of the power of storytelling. Look out for Christy Lefteri's next novel, *Songbirds*, out summer 2021. \_\_\_ 'This book dips below the deafening headlines, and tells a true story with subtlety and power' Esther Freud 'A beautiful novel, intelligent, thoughtful; and relevant. I'm recommending this book to everyone I care about. So I'm recommending this book to you' Benjamin Zephaniah 'Powerful, thought-provoking and beautifully crafted' *Choice Magazine* **A Watermelon, Fish and A Bible Proof** **The Home Preserving Bible A Complete Guide to Every Type of Food Preservation with Hundreds of Delicious Recipes** Penguin Learn to preserve your food at home with this ultimate guidebook! *The Home Preserving Bible* thoroughly details every type of preserving-for both small and large batches-with clear, step-by-step instructions. An explanation of all the necessary equipment and safety precautions is covered as well. But this must have reference isn't for the novice only; it's filled with both traditional and the latest home food preservation methods. More than 350 delicious recipes are included-both timeless recipes people expect and difficult-to-find recipes. **The Sea Queen** Hachette UK Six years after *The Half-Drowned King*, Ragnvald Eysteinnsson is now king of Sogn, but fighting battles for

King Harald keeps him away from home, as he confronts treachery and navigates a political landscape that grows more dangerous the higher he rises. Ragnvald's sister Svanhild has found the freedom and adventure she craves at the side of the rebel explorer Solvi Hunthiofsson, though not without a cost. She longs for a home where her quiet son can grow strong, and a place where she can put down roots, even as Solvi's ambition draws him back to Norway's battles again and keeps her divided from her brother. As a growing rebellion unites King Harald's enemies, Ragnvald suspects that some Norse nobles are not loyal to Harald's dream of a unified Norway. He sets a plan in motion to defeat all of his enemies, and bring his sister back to his side, while Svanhild finds herself with no easy decisions, and no choices that will leave her truly free. Their actions will hold irrevocable repercussions for the fates of those they love and for Norway itself. The Sea Queen returns to the fjords and halls of Viking-Age Scandinavia, a world of violence and prophecy, where honor is challenged by shifting alliances, and vengeance is always a threat to peace. Praise for *The Half-Drowned King*: 'Suspenseful, intriguing, gripping' *New York Journal of Books* 'An unusual Viking saga... creates a more nuanced and richer portrait of Viking society, with its complex web of rituals, laws and debts of honour, than the genre usually provides' *Sunday Times* 'Like *Game of Thrones*, only more unscrupulous' *Wall St Journal*

**Refugee Tales** Comma Press Two unaccompanied children travel across the Mediterranean in an overcrowded boat that has been designed to only make it halfway across... A 63-year-old man is woken one morning by border officers 'acting on a tip-off' and, despite having paid taxes for 28 years, is suddenly cast into the detention system with no obvious means of escape... An orphan whose entire life has been spent in slavery - first on a Ghanaian farm, then as a victim of trafficking - writes to the Home Office for help, only to be rewarded with a jail sentence and indefinite detention... These are not fictions. Nor are they testimonies from some distant, brutal past, but the frighteningly common experiences of Europe's new underclass - its refugees. While those with 'citizenship' enjoy basic human rights (like the right not to be detained without charge for more than 14 days), people seeking asylum can be suspended for years in Kafka-esque uncertainty. Here, poets and novelists retell the stories of individuals who have direct experience of Britain's policy of indefinite immigration detention. Presenting their accounts anonymously, as modern day counterparts to the pilgrims' stories in Chaucer's *Canterbury Tales*, this book offers rare, intimate glimpses into otherwise untold suffering.

**Those Who Are Loved** The compelling Number One Sunday Times bestseller, 'A Must Read' Hachette UK 'She brings Greek history to compelling life' *The Sunday Times* 'Hislop has done her research and handles the great sweep of complex Greek history with skill and confidence' *Daily Mail* Athens, 1941. Nazi forces occupy Greece ... and a nation falls apart. Victoria Hislop's NEW Sunday Times Number One bestseller takes you into the darker days of Greek history and, through the eyes of its extraordinary heroine, illuminates the courage it takes to live in peace. After decades of political uncertainty, Greece is polarised between Right- and Left-wing views when the Germans invade. Fifteen-year-old Themis comes from a family divided by these political differences. The Nazi occupation deepens the fault-lines between those she loves just as it reduces Greece to destitution. She watches friends die in the ensuing famine and is moved to commit acts of resistance. In the

civil war that follows the end of the occupation, Themis joins the Communist army, where she experiences the extremes of love and hatred and the paradoxes presented by a war in which Greek fights Greek. Eventually imprisoned on the infamous islands of exile, Makronisos and then Trikeri, Themis encounters another prisoner whose life will entwine with her own in ways neither can foresee. And finds she must weigh her principles against her desire to escape and live. As she looks back on her life, Themis realises how tightly the personal and political can become entangled. While some wounds heal, others deepen. This gripping new novel from bestselling author Victoria Hislop sheds light on the complexity and trauma of Greece's past and weaves it into the epic tale of an ordinary woman compelled to live an extraordinary life. Victoria Hislop. Discover for yourself why 10 million readers worldwide love her books... Here's what the critics said about *Those Who Are Loved*: 'A searing and powerful story full of passion, showing how one woman's ideals and beliefs shape everything that she becomes. It's both a beautifully woven love story and a spellbinding, heart-breaking depiction of a country torn apart by hatred' Daily Express 'A glorious Greek setting and rich historical detail form the backdrop of this captivating and poignant story' Woman & Home 'An eye-opening and moving read' Mirror 'Anyone who reads Victoria Hislop's novels falls in love with Greece ... A moving read that sweeps you through time' S Magazine 'A wonderfully researched and beautifully written piece of historical fiction' CultureFly *Those Who Are Loved* was a Sunday Times Number One bestseller in paperback for four weeks in August and September 2020. **The Ultimate Guide to the Daniel Fast** Zondervan *The Ultimate Guide to the Daniel Fast* is an inspiring resource for Christians who want to pursue a more intimate relationship with God through the 21-day commitment to prayer and fasting known as the Daniel Fast. As you deny yourself certain foods—such as sugars, processed ingredients, and solid fats—you will not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides 21 thought-provoking devotionals for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time focusing on God. You will also discover that "to fast" means "to feast" on the only thing that truly nourishes? God's powerful Word. For more info, please visit [www.ultimatedanielfast.com](http://www.ultimatedanielfast.com). **The Pianist of Yarmouk** Penguin UK 'Ahmad has created a moving and visceral account of conflict, hope and the power of music' Hannah Beckerman, Observer *The incredible and inspirational true story of one young man's struggle to find peace during war, and the power of music to bring hope to a desperate nation.* \_\_\_\_\_ One morning in war-torn Damascus, a starving man drags a piano into a rubble street. Everything he once knew has been destroyed by war. Amidst ruin and despair, he begins to play. He plays of love and hope, he plays for his family and his fellow Syrians. He plays even though he could be killed for doing so. As word of his defiance spreads around the world, he becomes a beacon of hope and even resistance. Yet he fears for his wife and children - the more he plays, the more he and his family are endangered until, finally, he must make a terrible choice . . . Aham Ahmad's spellbinding and uplifting true story tells of the triumph of love and hope, the

incredible bonds of family, and the healing power of music in even the very darkest of places. \_\_\_\_\_ 'In amongst the wreckage scenes of hope. An amazing man - Ahmad played the piano just to spread love' Jeremy Vine, BBC Radio 2 'An extraordinary, beautiful book about a man who in the midst of utter terror wheeled his piano in to the street and played for Yarmouk. He is amazing' Nihal Arthanayake BBC 5 Live 'The music of Aeham Ahmad became a symbol of resistance' Today, BBC Radio 4 'So inspiring' ITV News 'Aeham Ahmad is a talented and brave man of peace. Please read his book and pass it on to anyone who doesn't know or understand the plight of today's refugees' Stanley Tucci BBC Radio 4 Book of the Week **The Phone Box at the Edge of the World** Manilla Press The moving and uplifting international bestseller, based on an incredible true story. **Stolen Faith A forbidden love. A stolen child. A divided family** The O'Brien Press Ltd Belfast, 1944: American soldier James McCann meets the beautiful and impetuous Rose Rafferty. They fall in love, but their romance is forbidden - and war separates them. Boston, present day: James's children are celebrating his life when they find a wartime letter that changes everything. They have a half-sister, born in an Irish mother and baby home, stolen by the nuns and exported to the US. Their search for justice will cross oceans and generations. It will uncover secrets and lies, revealing the abuse of the most innocent in society by the most powerful. It will pit them against Church and State and shine a light into the darkest corners of Irish history. **The Watermelon Seed [Board Book]** Disney-Hyperion With perfect comic pacing, Greg Pizzoli introduces us to one funny crocodile who has one big fear: swallowing a watermelon seed. Will vines sprout out his ears? Will his skin turn pink? This crocodile has a wild imagination that kids will love, and the new board-book format makes this hilarious romp the perfect pick for preschoolers. Praise for *The Watermelon Seed* Winner of the 2014 Theodor Seuss Geisel Award "Pizzoli legitimizes childish anxieties but also slyly exaggerates each worry to highlight the humor." -New York Times \* "It's an expert debut..." -Publishers Weekly, starred review \* "Children will love this hilarious book...The story has broad appeal, making it a great first purchase." -School Library Journal, starred review "The illustrations, done in a graphic, flat-color style with simple linework, recall the cheerful stylings of Ed Emberley and Roger Hargreaves. While Pizzoli uses the computer to arrange his compositions, he takes extra care to hand print the pieces. Done in a three-color printing, the silk screen offers a toothiness to the page, giving fruit, animal and emotions more substance." -Kirkus Reviews "With a sharp graphic sensibility, vibrant design, and adept characterization, Pizzoli spins the simple premise into a sweet confection, ripe with broad humor." -Booklist Online Praise for *Number One Sam* "Pizzoli's zingy ice-pop colors and dramatically varied page compositions take home the blue ribbon." -New York Times \* "[A] class act." -Kirkus Reviews, starred review \* "[A]nother winner from Pizzoli." -Publishers Weekly, starred review \* "[A] popular choice at storytimes." -School Library Journal "Pizzoli's talent with color, easy-to-read words, and humor is something to behold . . . This one does it all." -Horn Book "[T]his will zoom off shelves." -Bulletin of the Center for Children's Books Praise for *Templeton Gets His Wish* "Cheerful entertainment, with just a touch of snark." -Publishers Weekly "The story's exuberance is catching and reassuring . . . Templeton is a celebration of independence, and of our complex feelings about those we love." -Horn Book

"Templeton...conveys intense emotion with a few simple lines and very bright colors, as his tale reflects the endearing aspects of a small child's struggles to behave." - Booklist

**The Half-Drowned King A Novel** HarperCollins "Linnea Hartsuyker brings myth and legend roaring to life in this superbly good page-turning saga of Viking-era Norway. The book's fiercest magic shines in the characters of Ragnvald and Svanhild, as unforgettable a brother and sister duo as I can remember. Linnea Hartsuyker is an exciting, original voice in historical fiction, and *The Half-Drowned King* is nothing short of mesmerizing."—Paula McLain, bestselling author of *The Paris Wife* and *Circling the Sun* An exhilarating saga of the Vikings that conjures a brutal, superstitious, and thrilling ninth-century world and the birth of a kingdom—the debut installment in a historical literary trilogy that combines the bold imagination and sweeping narrative power of *Game of Thrones*, *Vikings*, and *Outlander*. Centuries ago, in a blood-soaked land ruled by legendary gods and warring men, a prophecy foretold of a high king who would come to reign over all of the north. . . . Ragnvald Eysteinnsson, the son and grandson of kings, grew up believing that he would one day take his dead father's place as chief of his family's lands. But, sailing home from a raiding trip to Ireland, the young warrior is betrayed and left for dead by men in the pay of his greedy stepfather, Olaf. Rescued by a fisherman, Ragnvald is determined to have revenge for his stepfather's betrayal, claim his birthright and the woman he loves, and rescue his beloved sister Svanhild. Opportunity may lie with Harald of Vestfold, the strong young Norse warrior rumored to be the prophesied king. Ragnvald pledges his sword to King Harald, a choice that will hold enormous consequence in the years to come. While Ragnvald's duty is to fight—and even die—for his honor, Svanhild must make an advantageous marriage, though her adventurous spirit yearns to see the world. Her stepfather, Olaf, has arranged a husband for her—a hard old man she neither loves nor desires. When the chance to escape Olaf's cruelty comes at the hands of her brother's arch rival, the shrewd young woman is forced to make a heartbreaking choice: family or freedom. Set in a mystical and violent world defined by honor, loyalty, deceit, passion, and courage, *The Half-Drowned King* is an electrifying adventure that breathtakingly illuminates the Viking world and the birth of Scandinavia. **The Daniel Fast Feed Your Soul, Strengthen Your Spirit, and Renew Your Body** Tyndale House Publishers, Inc. "Are you hungry for more of God in your life? Discover why millions of men and women throughout the world are rediscovering the ancient discipline of fasting--and, as a result, are encountering God in amazing ways. In this authoritative guide, Susan Gregory, 'The Daniel Fast Blogger' and an acknowledge expert on the popular partial fast inspired by the biblical book of Daniel, guides readers toward a successful fasting experience"--Cover, p. 4. **The Sunrise The Number One Sunday Times bestseller 'Fascinating and moving'** Hachette UK 'Intelligent and immersive... a poignant, compelling family saga' The Sunday Times The No. 1 Sunday Times bestseller from the million-copy best-selling author of *The Island*, *The Thread*, and *The Return*. In the summer of 1972, Famagusta in Cyprus is the most desirable resort in the Mediterranean, a city bathed in the glow of good fortune. An ambitious couple are about to open the island's most spectacular hotel, where Greek and Turkish Cypriots work in harmony. Two neighbouring families, the Georgious and the Özkans, are among many who moved to Famagusta to escape the years of unrest

and ethnic violence elsewhere on the island. But beneath the city's façade of glamour and success, tension is building. When a Greek coup plunges the island into chaos, Cyprus faces a disastrous conflict. Turkey invades to protect the Turkish Cypriot minority, and Famagusta is shelled. Forty thousand people seize their most precious possessions and flee from the advancing soldiers. In the deserted city, just two families remain. This is their story. Praise for *The Sunrise*. . . 'Fascinating and moving' *The Times* 'An imaginative tour de force, and a great read' *Daily Mail* 'An absorbing tale about family, friendship, loyalty and betrayal' *Good Housekeeping* 'Heartbreaking' *Essentials* 'Vibrant... Hislop brings history to life in this compelling tale' *Tatler* 'Fascinating' *Sunday Mirror*

**The Old Man and His Door** Paw Prints Only an old man who is great at gardening but bad at listening to his wife would bring the door, *la puerta*, to a picnic instead of the pig, *el puerco*, in a traditional story of a wise-fool. Reprint.

**The Bulletproof Diet Lose up to a Pound a Day, Reclaim Energy and Focus, Upgrade Your Life** Rodale In his midtwenties, Dave Asprey was a successful Silicon Valley multimillionaire. He also weighed 300 pounds, despite the fact that he was doing what doctors recommended: eating 1,800 calories a day and working out 90 minutes a day, six times a week. When his excess fat started causing brain fog and food cravings sapped his energy and willpower, Asprey turned to the same hacking techniques that made his fortune to "hack" his own biology, investing more than \$300,000 and 15 years to uncover what was hindering his energy, performance, appearance, and happiness. From private brain EEG facilities to remote monasteries in Tibet, through radioactive brain scans, blood chemistry work, nervous system testing, and more, he explored traditional and alternative technologies to reach his physical and mental prime. The result? *The Bulletproof Diet*, an anti-inflammatory program for hunger-free, rapid weight loss and peak performance. *The Bulletproof Diet* will challenge--and change--the way you think about weight loss and wellness. You will skip breakfast, stop counting calories, eat high levels of healthy saturated fat, work out and sleep less, and add smart supplements. In doing so, you'll gain energy, build lean muscle, and watch the pounds melt off. By ditching traditional "diet" thinking, Asprey went from being overweight and sick in his twenties to maintaining a 100-pound weight loss, increasing his IQ, and feeling better than ever in his forties. *The Bulletproof Diet* is your blueprint to a better life.

**The Curry Guy Light Over 100 Lighter, Fresher Indian Curry Classics** Hardie Grant Publishing In *The Curry Guy Light*, Dan Toombs, aka the Curry Guy, showcases over 100 recipes that are: Lower in carbs and calories than most other Indian recipes Lower in fat and salt without lacking flavour Delicious and fresh-tasting Dan has spent many years researching the food of Kerala and Goa, as well as learning the secrets of Indian restaurants. In *The Curry Guy Light* he shows that you can make your favourite curry house meals but at the same time know that it's really good for you - you'd never know it when the food works its magic! He's developed a new, lighter version of his classic base sauce, and created lower-cal versions of curry house classics, including starters like onion bhajis and spicy hot chicken wings, indulgent Goan prawn curry, chicken tikka masala and saag paneer, your favourite sides such as tarka dhal and coconut rice, plus chutneys and snacks. All the recipes have clear, step-by-step instructions, and are guaranteed 100% delectable. It's the curry cookbook you've been waiting for!

**The Bacon Bible More**

**Than 200 Recipes for Bacon You Never Knew You Needed** Abrams Bacon is Peter Sherman's North Star. In 2014, he opened BarBacon, a bacon-themed gastropub in New York City, to immediate critical and financial success, and he has become the go-to bacon guru for the world. Sherman has a nearly religious devotion to bacon, and in his tome, *The Bacon Bible*, he shares more than 200 recipes that show you how to incorporate bacon into nearly any meal you can imagine. There are the classics, like BLTs, wedge salads, and mac and cheese, but the book really encourages you to cook with bacon in unexpected ways with recipes like Bacon Ramen, Chipotle Bacon Tacos, and Bacon Bourbon Oatmeal Pancakes. Peter also teaches you the basics, like how to cure simple bacon from scratch. He has a mad-scientist approach to bacon and is a firm believer that it should be a part of every meal. With this cookbook, you'll never think of bacon the same way. **A Confederate General From Big Sur** Canongate Books Jesse and Lee share a house owned by a very nice Chinese dentist, where it rains in the hall. They move to cabins on the cliffs at Big Sur where the deafening croaks of frogs can be temporarily silenced by the cry, 'Campbell's Soup'. Ultimately, we learn how the frogs are permanently silenced . . . and dreams disperse around a fire into 186,000 endings per second. In anticipating flower power and the ideals of the Sixties, Brautigan's debut novel was at least a decade before its time and remains a weird and brilliant classic. **I Know Why the Caged Bird Sings** Random House Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. *I Know Why the Caged Bird Sings* captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, *I Know Why the Caged Bird Sings* will touch hearts and change minds for as long as people read. "I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin From the Paperback edition. **The Daniel Plan 40 Days to a Healthier Life** Zondervan NEW YORK TIMES BESTSELLER *The Daniel Plan* is far more than a diet plan. It is an appetizing approach to achieving a healthy lifestyle by optimizing the five key essentials of faith, food, fitness, focus, and friends. Unlike the thousands of other books on the market, this book is not about a new diet, guilt-driven gym sessions, or shame-driven fasts. Your path to holistic health begins here, as Pastor Rick Warren and fitness and medical experts Dr. Daniel Amen and Dr. Mark Hyman guide you to incorporate healthy choices into your current lifestyle. The concepts in this book will encourage you to deepen your relationship with God and develop a community of supportive friends who will encourage you to make smart food and fitness choices each and every day. This results in gradual changes that transform your life as they help you: Conquer your

worst cravings Find healthy replacement foods for the foods you love Discover exercise you enjoy Boost your energy and kick-start your metabolism Lose weight Think more clearly Explore biblical principles for health . . . and ultimately create an all-around healthy lifestyle It's time to feast on something bigger than a fad. Start your journey to impactful, long-lasting, and sustainable results today! Plus, get more from *The Daniel Plan* with *The Daniel Plan Cookbook*, *The Daniel Plan Journal*, and *The Daniel Plan 365-Day Devotional*. **When the Apricots Bloom A Novel of Riveting and Evocative Fiction** Kensington Books "Breathtaking...Riveting and profound! I adored this book!" —Ellen Marie Wiseman, *New York Times* bestselling author of *The Orphan Collector* "A deeply involving and important novel by a master storyteller." —Susan Wiggs, # 1 *New York Times* bestselling author **INTERNATIONAL BESTSELLER** In this moving, suspenseful debut novel, three courageous women confront the complexities of trust, friendship, motherhood, and betrayal under the rule of a ruthless dictator and his brutal secret police. Former foreign correspondent Gina Wilkinson draws on her own experiences to take readers inside a haunting story of Iraq at the turn of the millennium and the impossible choices faced by families under a deadly regime. A BuzzFeed Most Anticipated Historical Fiction Release A Target Book Club Pick A Publishers Marketplace Buzz Books Selection At night, in Huda's fragrant garden, a breeze sweeps in from the desert encircling Baghdad, rustling the leaves of her apricot trees and carrying warning of visitors at her gate. Huda, a secretary at the Australian embassy, lives in fear of the mukhabarat—the secret police who watch and listen for any scrap of information that can be used against America and its allies. They have ordered her to befriend Ally Wilson, the deputy ambassador's wife. Huda has no wish to be an informant, but fears for her teenaged son, who may be forced to join a deadly militia. Nor does she know that Ally has dangerous secrets of her own. Huda's former friend, Rania, enjoyed a privileged upbringing as the daughter of a sheikh. Now her family's wealth is gone, and Rania too is battling to keep her child safe and a roof over their heads. As the women's lives intersect, their hidden pasts spill into the present. Facing possible betrayal at every turn, all three must trust in a fragile, newfound loyalty, even as they discover how much they are willing to sacrifice to protect their families. "Vivid...secrets and lies mingle as easily as the scent of apricot blossoms and nargilah smoke. Wilkinson weaves in the miasma of fear and distrust that characterized Hussein's regime with convincing detail. Richly drawn characters and high-stakes plot." —Publishers Weekly **The Maker's Diet The 40-day health experience that will change your life forever** Destiny Image Publishers Are you looking for a health plan that is biblically based and scientifically proven? *The Maker's Diet* is just that. Using a truly holistic approach to health, this groundbreaking book leads you on a journey that will change your life. *The Maker's Diet* will help you: Boost your immune system Attain and maintain your ideal weight Have abundant energy Improve your physical appearance Improve digestion Reduce stress Discover how Jordan Rubin's faith-based journey from near death to vital health led him to uncover the timeless principles of the world's healthiest people. By following *The Maker's Diet*, your health dreams can become a reality. **The Betty Furness Westinghouse Cook Book** "This book is dedicated to YOU, a busy homemaker who gladly prepares three meals a day for your family, and who delights

in doing it" on dedication page. **Sophie's World** Hachette UK The international bestseller about life, the universe and everything. When 14-year-old Sophie encounters a mysterious mentor who introduces her to philosophy, mysteries deepen in her own life. Why does she keep getting postcards addressed to another girl? Who is the other girl? And who, for that matter, is Sophie herself? To solve the riddle, she uses her new knowledge of philosophy, but the truth is far stranger than she could have imagined. A phenomenal worldwide bestseller, *SOPHIE'S WORLD* sets out to draw teenagers into the world of Socrates, Descartes, Spinoza, Hegel and all the great philosophers. A brilliantly original and fascinating story with many twists and turns, it raises profound questions about the meaning of life and the origin of the universe. **The Great Curries of India** Simon and Schuster Fifty authentic, traditional recipes from all the regions of India include Chicken and Cashew Curry from Bombay and Rogan Josh from Kashmir, and come with information on the basics of curry-making. 15,000 first printing. **Dinosaurs and the Bible** Vital Issues Press For children 8-13 years old. As our knowledge of dinosaurs grows, the biblical record of Creation provides a better explanation of the fossil record. Unfred gives rational and compelling answers to the kind of questions kids inevitably ask about these amazing reptiles. Colorfully and thoroughly illustrated. A "C.S. Lewis 1990 Noteworthy" book. **The Exile and the Mapmaker A compassionate testament to the human spirit** Legend Press Ltd An important novel that is as compassionate as it is eye-opening, *The Exile and the Mapmaker* is a testament to the triumph of the human spirit. Theo, an aging Parisian cartographer, is desperately searching for the woman he once loved before Alzheimer's takes his memories of her. Elise, his estranged daughter, moves in to take care of him. She still blames him for the tragic loss of her mother and is struggling with this new forced intimacy. Nebay, an Eritrean refugee, becomes Theo's carer and friend. Unbeknownst to Elise, Nebay does not have a visa for France and is working illegally in order to support his sister. Each one is living a life of questions and secrets in a world where Nebay's very presence in the France of Theo's maps is steeped in uncertainty. 'Beautifully written' Katherine Stansfield 'Very moving' Matthew Francis 'Emotional and eye-opening' @stories\_with\_hope 'Heart-warming' @bibliobushra 'Thought provoking' @SecretWorldOfaBook **Non-Semitic Loanwords in the Hebrew Bible A Lexicon of Language Contact** Penn State Press Ancient Palestine served as a land bridge between the continents of Asia, Africa, and Europe, and as a result, the ancient Israelites frequently interacted with speakers of non-Semitic languages, including Egyptian, Greek, Hittite and Luwian, Hurrian, Old Indic, and Old Iranian. This linguistic contact led the ancient Israelites to adopt non-Semitic words, many of which appear in the Hebrew Bible. Benjamin J. Noonan explores this process in *Non-Semitic Loanwords in the Hebrew Bible*, which presents a comprehensive, up-to-date, and linguistically informed analysis of the Hebrew Bible's non-Semitic terminology. In this volume, Noonan identifies all the Hebrew Bible's foreign loanwords and presents them in the form of an annotated lexicon. An appendix to the book analyzes words commonly proposed to be non-Semitic that are, in fact, Semitic, along with the reason for considering them as such. Noonan's study enriches our understanding of the lexical semantics of the Hebrew Bible's non-Semitic terminology, which leads to better translation and exegesis of the biblical

text. It also enhances our linguistic understanding of the ancient world, in that the linguistic features it discusses provide significant insight into the phonology, orthography, and morphology of the languages of the ancient Near East. Finally, by tying together linguistic evidence with textual and archaeological data, this work extends our picture of ancient Israel's interactions with non-Semitic peoples. A valuable resource for biblical scholars, historians, archaeologists, and others interested in linguistic and cultural contact between the ancient Israelites and non-Semitic peoples, this book provides significant insight into foreign contact in ancient Israel. **Adventures in Architecture** Weidenfeld & Nicolson Limited Dan Cruickshank tells the story of architecture in all its diversity, looking at 40 buildings that have impressed, astonished or delighted us or changed our perception of the world. **In the City by the Sea** Bloomsbury Publishing Hasan is eleven years old. He loves cricket, pomegranates, the night sky, his clever, vibrant artistic mother and his etymologically obsessed lawyer father, and he adores his next-door neighbour Zehra. One early summer morning, while lazing happily on the roof, Hasan watches a young boy flying a yellow kite fall to his death. Soon after, Hasan's idyllic, sheltered family life is shattered when his beloved uncle Salman, a dissenting politician, is arrested and charged with treason. Set in a land ruled by an oppressive military regime, this eloquent, charming and quietly political novel vividly recreates the confusing world of a young boy on the edge of adulthood, and beautifully illustrates the transformative power of the imagination. **Elephant Moon Edible Insects Future Prospects for Food and Feed Security** Food & Agriculture Org Edible insects have always been a part of human diets, but in some societies there remains a degree of disdain and disgust for their consumption. Insects offer a significant opportunity to merge traditional knowledge and modern science to improve human food security worldwide. This publication describes the contribution of insects to food security and examines future prospects for raising insects at a commercial scale to improve food and feed production, diversify diets, and support livelihoods in both developing and developed countries. Edible insects are a promising alternative to the conventional production of meat, either for direct human consumption or for indirect use as feedstock. This publication will boost awareness of the many valuable roles that insects play in sustaining nature and human life, and it will stimulate debate on the expansion of the use of insects as food and feed. **One Good Dish The Pleasures of a Simple Meal** Artisan Books This Entertainment Weekly Top 10 Cookbook of the Year uses "just a few inspired twists to turn relatively simple dishes into dazzlers" (New York Daily News). In this, his first non-menu cookbook, the New York Times food columnist offers 100 utterly delicious recipes that epitomize comfort food, Tanis-style. Individually or in combination, they make perfect little meals that are elemental and accessible, yet totally surprising—and there's something to learn on every page. Among the chapter titles there's "Bread Makes a Meal," which includes such alluring recipes as a ham and Gruyère bread pudding, spaghetti and bread crumbs, breaded eggplant cutlets, and David's version of egg-in-a-hole. A chapter called "My Kind of Snack" includes quail eggs with flavored salt; speckled sushi rice with toasted nori; polenta pizza with crumbled sage; raw beet tartare; and mackerel rillettes. The recipes in "Vegetables to Envy" range from a South Indian dish of cabbage with black mustard seeds to French grandmother-style vegetables.

*“Strike While the Iron Is Hot” is all about searing and quick cooking in a cast-iron skillet. Another chapter highlights dishes you can eat from a bowl with a spoon. And so it goes, with one irrepressible chapter after another, one perfect food moment after another: this is a book with recipes to crave. “This is the book that I will pick up when I’m hungry but not quite sure for what, for these dishes are inspiring yet can be made without a lot of fuss . . . Who would enjoy this book? People who enjoy simple, delicious, no-fuss cooking and who appreciate well-written recipes.” —Kitchen*

**Alcoholics Anonymous The Story of how Many Thousands of Men and Women Have Recovered from Alcoholism** *The basic text for Alcoholics Anonymous.*

**In Like a Lion Out Like a Lamb** *Holiday House A fresh take on a familiar saying, perfect for the first rainy days of spring. Rattling windows with the roar of a late-winter storm, March shows up like a lion-- wild and messy, muddy and wet. In rhythmic, exuberant text, Newbery Honor-author Marion Dane Bauer conveys the changeable nature of spring weather, as the lion makes way for the lamb—with a huge sneeze!—as the trees and flowers spring into bloom. Full of humor and motion, Caldecott-winning illustrator Emily Arnold McCully's soft watercolors bring the blustering lion and gentle lamb to life. From hail and wet snow to vibrant green fields full of blossoms, the illustrations grow brighter, springing into new life—and hinting and the summer to come. The lively text and paintings illustrate the ways in which we personify spring weather, making this book a perfect introduction to figurative language—and lots of fun to read as well. **BOSH!** HarperCollins UK \*\*\*BOSH! ON A BUDGET NOW AVAILABLE\*\*\* OVER 1 MILLION BOSH! BOOKS SOLD ‘The vegan Jamie Olivers’ *The Times**