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KEY=SERIES - FREDERICK CASSANDRA

Living Outside Mental Illness Qualitative Studies of Recovery in Schizophrenia

NYU Press An essential volume for improving understanding of the recovery process for people diagnosed with schizophrenia Schizophrenia is widely considered the most severe and disabling of the mental illnesses. Yet recent research has demonstrated that many people afflicted with the disorder are able to recover to a significant degree. *Living Outside Mental Illness* demonstrates the importance of listening to what people diagnosed with schizophrenia themselves have to say about their struggle, and shows the dramatic effect this approach can have on clinical practice and social policy. It presents an in-depth investigation, based on a phenomenological perspective, of experiences of illness and recovery as illuminated by compelling first-person descriptions. This volume forcefully makes the case for the utility of qualitative methods in improving our understanding of the reasons for the success or failure of mental health services. The research has important clinical and policy

implications, and will be of key interest to those in psychology and the helping professions as well as to people in recovery and their families.

Library Journal

Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

A Practical Guide to Recovery-Oriented Practice: Tools for Transforming Mental Health Care

Oxford University Press This book takes a lofty vision of "recovery" and of "a life in the community" for every adult with a serious mental illness promised by the U.S. President's 2003 New Freedom Commission on Mental Health and shows the reader what is entailed in making this vision a reality. Beginning with the historical context of the recovery movement and its recent emergence on the center stage of mental health policy around the world, the authors then clarify various definitions of mental health recovery and address the most common misconceptions of recovery held by skeptical practitioners and worried families. With this framework in place, the authors suggest fundamental principles for recovery-oriented care, a set of concrete practice guidelines developed in and for the field, a recovery guide model of practice as an alternative to clinical case management, and tools to self-assess the recovery orientation of practices and practitioners. In doing so, this volume represents the first book to go beyond the rhetoric of recovery to its implementation in everyday practice. Much of this work was developed with the State of Connecticut's Department of Mental Health and Addiction Services, helping the state to win a #1 ranking in the recent NAMI report card on state mental health authorities. Since initial development of these principles, guidelines, and tools in Connecticut, the authors have become increasingly involved in refining and tailoring this approach for other systems of care around the globe as more and more governments, ministry leaders, system managers, practitioners, and people with serious mental illnesses and their families embrace the need to transform mental health services to promote recovery and community inclusion. If you've wondered what all of the recent to-do has been about with the notion of "recovery" in mental health, this book explains it. In addition, it gives you an insider's view of the challenges and strategies involved in transforming to recovery and a road map to follow on the first few steps down this exciting, promising, and perhaps long overdue path.

The Writers Directory

Choice

Publication of the Association of College and Research Libraries, a Division of the American Library Association

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De-Medicalizing Misery

Psychiatry, Psychology and the Human Condition

Springer Psychiatry and psychology have constructed a mental health system that does no justice to the problems it claims to understand and creates multiple problems for its users. Yet the myth of biologically-based mental illness defines our present. The book rethinks madness and distress reclaiming them as human, not medical, experiences.

By Sorrow's River

A Novel

Simon and Schuster In this tale of high-spirited and terrifying adventure, set against the background of the West that Larry McMurtry has made his own, By Sorrow's River is an epic in its own right, with an extraordinary young woman as its leading figure. At the heart of this third volume of his Western saga remains the beautiful and determined Tasmin Berrybender, now married to the "Sin Killer" and mother to their young son, Monty. By Sorrow's River continues the Berrybender party's trail across the endless Great Plains of the West toward Santa Fe, where they intend, those who are lucky enough to survive the journey, to spend the winter. They meet up with a vast array of characters from the history of the West: Kit Carson, the famous scout; Le Partezon, the fearsome Sioux war chief; two aristocratic Frenchmen whose eccentric aim is to cross the Great Plains by hot air balloon; a party of slavers; a band of raiding Pawnee; and many other astonishing characters who prove, once again, that the rolling, grassy plains are not, in fact, nearly as empty of life as they look. Most of what is there is dangerous and hostile, even when faced with Tasmin's remarkable, frosty sangfroid. She is one of the strongest and most interesting of Larry McMurtry's women characters, and is at the center of this powerful and ambitious novel of the West.

Self-Determination Theory in the Clinic

Motivating Physical and Mental Health

Yale University Press Self-determination theory is grounded in the belief that people work best and are happiest when they feel that they are in control of their own lives. This invaluable book explains the ramifications of the theory and provides clinical examples to show that it can be used to motivate patients undergoing treatment for such physical or psychological issues as diabetes management, smoking cessation, post-traumatic stress, obsessive-compulsive disorder, and depression. The first part of the book provides historical background to self-determination theory, showing that it is humanistically oriented and has three decades of empirical research behind it. In the process, the authors discuss why humanistic psychology fell out of favor in academic psychology; why “self-help” and New Age books have such perennial popularity; and why it is so important for authorities to support patients’ sense of self. The remainder of the book presents many specific case examples to describe the theory’s application.

Suicide in Children and Adolescents

Cambridge University Press Experts from all areas of mental health care address the questions of prediction and prevention of suicide in young people.

Orientalism

Western Conceptions of the Orient

Penguin UK ‘A stimulating, elegant yet pugnacious essay’—Observer In this highly acclaimed seminal work, Edward Said surveys the history and nature of Western attitudes towards the East, considering Orientalism as a powerful European ideological creation—a way for writers, philosophers and colonial administrators to deal with the ‘otherness’ of Eastern culture, customs and beliefs. He traces this view through the writings of Homer, Nerval and Flaubert, Disraeli and Kipling, whose imaginative depictions have greatly contributed to the West’s romantic and exotic picture of the Orient. In the Afterword, Said examines the effect of continuing Western imperialism.

Recovery from Severe Mental Illnesses

Research Evidence and Implications for Practice Volume 2

Boston Univ Center for

Encyclopedia of Educational Leadership and Administration

SAGE Focusing on educational leadership and school administration, offers over six hundred alphabetically arranged entries covering theories, terms, concepts, and histories.

Mark Z. Danielewski's House of Leaves

Pantheon A family relocates to a small house on Ash Tree Lane and discovers that the inside of their new home seems to be without boundaries

Rewire Your Brain

Think Your Way to a Better Life

John Wiley & Sons How to rewire your brain to improve virtually every aspect of your life-based on the latest research in neuroscience and psychology on neuroplasticity and evidence-based practices Not long ago, it was thought that the brain you were born with was the brain you would die with, and that the brain cells you had at birth were the most you would ever possess. Your brain was thought to be "hardwired" to function in predetermined ways. It turns out that's not true. Your brain is not hardwired, it's "softwired" by experience. This book shows you how you can rewire parts of the brain to feel more positive about your life, remain calm during stressful times, and improve your social relationships. Written by a leader in the field of Brain-Based Therapy, it teaches you how to activate the parts of your brain that have been underactivated and calm down those areas that have been hyperactivated so that you feel positive about your life and remain calm during stressful times. You will also learn to improve your memory, boost your mood, have better relationships, and get a good night sleep. Reveals how cutting-edge developments in neuroscience, and evidence-based practices can be used to improve your everyday life Other titles by Dr. Arden include: Brain-Based Therapy-Adult, Brain-Based Therapy-Child, Improving Your Memory For Dummies and Heal Your Anxiety Workbook Dr. Arden is a leader in integrating the new developments in neuroscience with psychotherapy and Director of Training in Mental Health for Kaiser Permanente for the Northern California Region

Explaining exciting new developments in neuroscience and their applications to daily living, Rewire Your Brain will guide you through the process of changing your brain so you can change your life and be free of self-imposed limitations.

The Psychiatric Team and the Social Definition of Schizophrenia

An Anthropological Study of Person and Illness

Cambridge University Press A study of schizophrenia arising from an anthropological investigation in a modern psychiatric hospital.

Psychology for Actors

Theories and Practices for the Acting Process

Routledge Psychology for Actors is a study of modern psychology, specifically designed for the working actor and actor-in-training, that covers discrete areas of psychological theory that actors can apply to their creative process to form and connect with characters. The book investigates many post-Stanislawsky ideas about human psychology from some of the twentieth century's most brilliant minds - from Sigmund Freud and Carl Jung to Abraham Maslow and Ken Wilber - and offers step-by-step exercises to help actors understand their characters and effectively bring them to life on stage or in front of the camera. Psychology for Actors also offers advice on how to cope with the stresses and strains of a highly competitive field, and provides tools for deeper self-awareness and character exploration.

Handbook of Affective Sciences

Oxford University Press One hundred stereotype maps glazed with the most exquisite human prejudice, especially collected for you by Yanko Tsvetkov, author of the viral Mapping Stereotypes project. Satire and cartography rarely come in a single package but in the Atlas of Prejudice they successfully blend in a work of art that is both funny and thought-provoking. The book is based on Mapping Stereotypes, Yanko Tsvetkov's critically acclaimed project that became a viral Internet sensation in 2009. A reliable weapon against bigots of all kinds, it serves as an inexhaustible source of much needed argumentation and-occasionally-as a nice slab of paper that can be used to smack them across the face whenever reasoning becomes utterly impossible. The Complete Collection version of the Atlas contains all maps from the

previously published two volumes and adds twenty five new ones, wrapping the best-selling series in a single extended edition.

Forthcoming Books

Finding Home: Policy Options for Addressing Homelessness in Canada

The Homeless Hub

The Stigma of Mental Illness - End of the Story?

Springer This book makes a highly innovative contribution to overcoming the stigma and discrimination associated with mental illness - still the heaviest burden both for those afflicted and those caring for them. The scene is set by the presentation of different fundamental perspectives on the problem of stigma and discrimination by researchers, consumers, families, and human rights experts. Current knowledge and practice used in reducing stigma are then described, with information on the programmes adopted across the world and their utility, feasibility, and effectiveness. The core of the volume comprises descriptions of new approaches and innovative programmes specifically designed to overcome stigma and discrimination. In the closing part of the book, the editors - all respected experts in the field - summarize some of the most important evidence- and experience-based recommendations for future action to successfully rewrite the long and burdensome 'story' of mental illness stigma and discrimination.

Us and Them

The Science of Identity

University of Chicago Press This groundbreaking and eloquently written book explains how and why people are wedded to the notion that they belong to differing human kinds--tribe-type categories like races, ethnic groups, nations, religions, casts, street gangs, sports fandom, and high school cliques.

Taming Your Gremlin (Revised)

Edition)

A Surprisingly Simple Method for Getting Out of Your Own Way

Harper Collins This is a completely updated edition of the 1983 classic that introduced a powerful method for gaining freedom from self-defeating behaviors and beliefs. Rick Carson, creator of the renowned Gremlin-Taming™ Method, has revised the book to include fresh interactive activities, real-life vignettes we can all identify with, and new loathsome gremlins ripe for taming. Carson blends his laid-back style, Taoist wisdom, the Zen Theory of Change, and sound psychology in an easy-to-understand, unique, and practical system for banishing the nemesis within. Among the things you will learn are: Techniques for getting a sliver of light between the natural you and the monster of your mind. The extraordinary power of simply noticing and playing with options. Six keys to maintaining emotional balance amid upheaval.

Community Psychology

Psychology Press Community Psychology, 5/e focuses on the prevention of problems, the promotion of well-being, empowerment of members within a community, the appreciation of diversity, and an ecological model for the understanding of human behavior. Attention is paid to both "classic" early writings and the most recent journal articles and reviews by today's practitioners and researchers. Historical and alternative methods of effecting social change are explored in this book, with the overall theme that the environment is as important as the individual in it. This text is available in a variety of formats - digital and print. Learning Goals Upon completing this book, readers will be able to: Understand the historical and contemporary principles of community psychology. Apply theory and research to social services, mental health, health, legal, and public health systems

Who's who in America

Psychological Recovery

Beyond Mental Illness

John Wiley & Sons This book offers a succinct model of recovery from serious mental illness, synthesizing stories of lived experience to provide a framework for clinical work and research in the field of recovery. • Places the process of recovery within the context of normal human growth and development • Compares and contrasts concepts of recovery from mental illness with the literature on grief, loss and trauma

• Situates recovery within the growing field of positive psychology – focusing on the active, hopeful process • Describes a consumer-oriented, stage-based model of psychological recovery which is unique in its focus on intrapersonal processes

International Who's Who of Authors and Writers 2004

Psychology Press Accurate and reliable biographical information essential to anyone interested in the world of literature The International Who's Who of Authors and Writers offers invaluable information on the personalities and organizations of the literary world, including many up-and-coming writers as well as established names. With over 8,000 entries, this updated edition features: * Concise biographical information on novelists, authors, playwrights, columnists, journalists, editors, and critics * Biographical details of established writers as well as those who have recently risen to prominence * Entries detailing career, works published, literary awards and prizes, membership, and contact addresses where available * An extensive listing of major international literary awards and prizes, and winners of those prizes * A directory of major literary organizations and literary agents * A listing of members of the American Academy of Arts and Letters

Who's Who in America 2003

Marquis Who's Who

Harold and the Purple Crayon

HarperCollins From beloved children's book creator Crockett Johnson comes the timeless classic Harold and the Purple Crayon! This imagination-sparking picture book belongs on every child's digital bookshelf. One evening Harold decides to go for a walk in the moonlight. Armed only with an oversize purple crayon, young Harold draws himself a landscape full of wonder and excitement. Harold and his trusty crayon travel through woods and across seas and past dragons before returning to bed, safe and sound. Full of funny twists and surprises, this charming story shows just how far your imagination can take you. "A satisfying artistic triumph." —Chris Van Allsburg, author-illustrator of The Polar Express Share this classic as a birthday, baby shower, or graduation gift!

Introduction to Group Therapy

A Practical Guide

Psychology Press Provides a solid foundation for anyone interested in group therapy! Introduction to Group Therapy: A Practical Guide, Second Edition continues the clinically relevant and highly readable work of the original, demonstrating the

therapeutic power group therapy has in conflict resolution and personality change. This unique book combines theory and practice in a reader-friendly format, presenting practical suggestions in areas rarely covered in academic settings. A proven resource for introductory and advanced coursework, the book promotes group therapy at the grassroots level-students-where it has the most opportunity to be put into effect. *Introduction to Group Therapy: A Practical Guide, Second Edition* expands on issues presented in the book's first edition and introduces new information on topics such as the historical beginnings of group therapy, theories, modalities, practical issues of how to set up an office for an effective group environment, surviving your training sites, problem clients, contemporary issues drawn from online discussion, and developing a group practice. The book also includes case studies, review questions, a glossary, appendices of relevant topics, and an extensive bibliography. Changes to *Introduction to Group Therapy: A Practical Guide* include: the expansion of "A Case Study" into two chapters to include analysis from 17 senior clinicians a new chapter on group therapy as a negative experience a new chapter on group psychotherapy as a specialty new material on self-protection new material on the training site and the problematic client and much more! Thorough, well organized, and based on first-hand accounts, this book is also a great resource for experienced clinicians who need proven and expert advice from colleagues in the field. *Introduction to Group Therapy, Second Edition* effectively combines theory and practical suggestions to help you offer improved therapy to clients.

Flow and the Foundations of Positive Psychology

The Collected Works of Mihaly Csikszentmihalyi

Springer The second volume in the collected works of Mihaly Csikszentmihalyi covers about thirty years of Csikszentmihalyi's work on three main and interconnected areas of study: attention, flow and positive psychology. Describing attention as psychic energy and in the footsteps of William James, Csikszentmihalyi explores the allocation of attention, the when and where and the amount of attention humans pay to tasks and the role of attention in creating 'experiences', or ordered patterns of information. Taking into account information processing theories and attempts at quantifying people's investment, the chapters deal with such topics as time budgets and the development and use of the Experience Sampling Method of collecting data on attention in everyday life. Following the chapters on attention and reflecting Csikszentmihalyi's branching out into sociology and anthropology, there are chapters on the topic of adult play and leisure and connected to that, on flow, a concept formulated and developed by Csikszentmihalyi. Flow has become a popular concept

in business and management around the world and research on the concept continues to flourish. Finally, this volume contains articles that stem from Csikszentmihalyi's connection with Martin Seligman; they deal with concepts and theories, as well as with the development and short history, of the field and the "movement" of positive psychology.

Cross-Cultural Psychology

Critical Thinking and Contemporary Applications, Sixth Edition

Taylor & Francis Written in a conversational style that transforms complex ideas into accessible ones, this international best-seller provides an interdisciplinary review of the theories and research in cross-cultural psychology. The book's unique critical thinking framework, including Critical Thinking boxes, helps to develop analytical skills. Exercises interspersed throughout promote active learning and encourage class discussion. Case in Point sections review controversial issues and opinions about behavior in different cultural contexts. Cross-Cultural Sensitivity boxes underscore the importance of empathy in communication. Numerous applications better prepare students for working in various multicultural contexts such as teaching, counseling, health care, and social work. The dynamic author team brings a diverse set of experiences in writing this book. Eric Shiraev was raised in the former Soviet Union and David Levy is from Southern California. Sensation, perception, consciousness, intelligence, human development, emotion, motivation, social perception, interaction, psychological disorders, and applied topics are explored from cross-cultural perspectives. New to the 6th Edition: Over 200 recent references, particularly on studies of non-western regions such as the Middle East, Africa, Asia, & Latin America as well as the US and Europe. New chapter on personality and the self with an emphasis on gender identity. New or revised chapter opening vignettes that draw upon current events. More examples related to the experiences of international students in the US and indigenous people. Many more figures and tables that appeal to visual learners. New research on gender, race, religious beliefs, parenting styles, sexual orientation, ethnic identity and stereotypes, conflict resolution, immigration, intelligence, physical abuse, states of consciousness, DSM-5, cultural customs, evolutionary psychology, treatment of psychological disorders, and acculturation. Revised methodology chapter with more attention to issues related specifically to cross-cultural research and more on qualitative and mixed methods. A companion website at www.routledge.com/9781138668386 where instructors will find a test bank containing multiple choice, true and false, short answer, and essay questions and answers for each chapter, and a complete set of tables and figures from the text; and students will find chapter outlines, flashcards of key terms, and links to further resources and the authors' Facebook page. Intended as a text for courses on cross-cultural psychology, multicultural psychology, cultural psychology, cultural diversity,

and the psychology of ethnic groups and a resource for practitioners, researchers, and educators who work in multicultural environments.

Drawn to Enchant

Original Children's Book Art in the Betsy Beinecke Shirley Collection

Yale University Press This volume presents over 200 selected original artworks from the collection of Betsy Beinecke Shirley, one of the great collectors of American children's literature. Shirley gathered an authoritative collection of books, original illustrations, manuscripts, as well as drawings and paintings from such children's classics as "Treasure Island" and "Eloise." The artwork in Shirley's collection guides the reader on a tour through the stages of childhood reading, this volume begins with ABC's and nursery books. It continues through adventure stories, magazines, and more, then concludes with a miscellany section of odds and ends. The images demonstrate how children's books evolved, from the nation's first days of independence to modern times. Artists whose works are represented include many of the favorites, among them Ludwig Bemelmans, Maurice Sendak, A.B. Frost, Wanda Gag, Peter Newell, N.C. Wyeth, Tony Sarg, Robert Lawson, and Johnny Gruelle.

The CBT Handbook

SAGE The CBT Handbook is the most comprehensive text of its kind and an essential resource for trainees and practitioners alike. Comprising 26 accessible chapters from leading experts in the field, the book covers CBT theory, skills, practice and research. Editors Windy Dryden and Rhena Branch provide a much-needed guide to professional issues and the most common practice challenges and dilemmas. It also describes the particular skills required for different practice settings and client groups.

The Philosopher's Index

Vols. for 1969- include a section of abstracts.

An Introduction to Applied Cognitive Psychology

Psychology Press This book offers a student friendly review of recent research in the application of cognitive methods, theories and models to real-world scenarios.

Reclaiming Our Health

A Guide to African American Wellness

Yale University Press “An interactive and empowering book” to help African American men and women create a new vision of better health and navigate the health care system (BET.com). According to the federal Office of Minority Health, African Americans “are affected by serious diseases and health conditions at far greater rates than other Americans.” In fact, African Americans suffer an estimated 85,000 excess deaths every year from diseases we know how to prevent: heart disease, stroke, cancer, high blood pressure, and diabetes. In this important and accessible book, Dr. Michelle Gourdine provides African Americans with the knowledge and guidance they need to take charge of their wellbeing. *Reclaiming Our Health* begins with an overview of the primary health concerns facing African Americans and explains who is at greatest risk of illness. Expanding on her career and life experiences as an African American physician, Dr. Gourdine presents key insights into the ways African American culture shapes health choices—how beliefs, traditions, and values can influence eating choices, exercise habits, and even the decision to seek medical attention. She translates extensive research into practical information and presents readers with concrete steps for achieving a healthier lifestyle, as well as strategies for navigating the health-care system. This interactive guide with illustrations is a vital resource for every African American on how to live a healthier and more empowered life, and an indispensable handbook for health-care providers, policy makers, and others working to close the health gap among people of color. Says Gourdine, “I wrote this book to empower our community to solve our own health problems and save our own lives.”

Mindfulness (HBR Emotional Intelligence Series)

Harvard Business Press The benefits of mindfulness include better performance, heightened creativity, deeper self-awareness, and increased charisma—not to mention greater peace of mind. This book gives you practical steps for building a sense of presence into your daily work routine. It also explains the science behind mindfulness and why it works and gives clear-eyed warnings about the pitfalls of the fad. This volume includes the work of: Daniel Goleman Ellen Langer Susan David Christina Congleton This collection of articles includes “Mindfulness in the Age of Complexity,” an interview with Ellen Langer by Alison Beard; “Mindfulness Can Literally Change Your Brain,” by Christina Congleton, Britta K. Hölzel, and Sara W. Lazar; “How to Practice Mindfulness Throughout Your Work Day,” by Rasmus Hougaard and Jacqueline Carter; “Resilience for the Rest of Us,” by Daniel Goleman;

“Emotional Agility: How Effective Leaders Manage Their Thoughts and Feelings,” by Susan David and Christina Congleton; “Don’t Let Power Corrupt You,” by Dacher Keltner; “Mindfulness for People Who Are Too Busy to Meditate,” by Maria Gonzalez; “Is Something Lost When We Use Mindfulness as a Productivity Tool?” by Charlotte Lieberman; and “There Are Risks to Mindfulness at Work,” by David Brendel. How to be human at work. The HBR Emotional Intelligence Series features smart, essential reading on the human side of professional life from the pages of Harvard Business Review. Each book in the series offers proven research showing how our emotions impact our work lives, practical advice for managing difficult people and situations, and inspiring essays on what it means to tend to our emotional well-being at work. Uplifting and practical, these books describe the social skills that are critical for ambitious professionals to master.

Rav Kook

Mystic in a Time of Revolution

Yale University Press DIV The life and thought of a forceful figure in Israel’s religious and political life /div

A History of Modern Psychology in Context

John Wiley & Sons A fresh look at the history of psychology placed in its social, political, and cultural contexts A History of Modern Psychology in Context presents the history of modern psychology in the richness of its many contexts. The authors resist the traditional storylines of great achievements by eminent people, or schools of thought that rise and fall in the wake of scientific progress. Instead, psychology is portrayed as a network of scientific and professional practices embedded in specific temporal, social, political, and cultural contexts. The narrative is informed by three key concepts—indigenization, reflexivity, and social constructionism—and by the fascinating interplay between disciplinary Psychology and everyday psychology. The authors complicate the notion of who is at the center and who is at the periphery of the history of psychology by bringing in actors and events that are often overlooked in traditional accounts. They also highlight how the reflexive nature of Psychology—a science produced both by and about humans—accords history a prominent place in understanding the discipline and the theories it generates. Throughout the text, the authors show how Psychology and psychologists are embedded in cultures that indelibly shape how the discipline is defined and practiced, the kind of knowledge it creates, and how this knowledge is received. The text also moves beyond an exclusive focus on the development of North American and European psychologies to explore the development of psychologies in other indigenous contexts, especially from the mid-20th-century onward.